

Dr Ferdy Vandersanden on conditioning your pigeons.

1. The way to success!

Pigeon racing is not just a game in which you have to depend on coincidence. Success in pigeon racing is a result of a combination of several factors.

First you have to consider that you cannot achieve success without having good pigeons. A good pigeon can be compared to an athlete who must have certain physical and mental qualities. Therefore the best way to breed good pigeons is starting with pigeons that already have proven their racing capacities. This is the only way to build a quality team in both the racing and stock teams. The pigeon loft itself is without doubt the second important factor that leads to success. In a well-kept loft the pigeons preserve good health and show their sportive qualities. The ideal accommodation is dry, sunny and aired without exaggerating. It should be adaptable regarding weather conditions and position. Management is the important factor number three. The fancier holds the key to success. He is the trainer who takes care of the physical preparation by selecting the preparatory training tosses and early races by adapting the infrastructure to the weather conditions and by choosing the suitable feeding and complementary products. Although it is relatively easy to get good pigeons and a good loft the skill is not that easy to acquire and experience and knowledge are needed.

Because of all these reasons we compiled this brochure to help you in your job as a manager of a racing and breeding team of quality pigeons.

2. The orthomolecular feeding nutrients.

A pigeon lives in harmony with nature by following the biological rhythms of the seasons. The bigger part of its time will be spent on searching for food for itself and/or its youngsters. It eats a lot of grains, seeds as well as chlorophyll. Nevertheless it is an illusion to believe that a restricted number of grains originating from intensive agriculture can provide all the necessary nutrients to make the organism function properly and optimal. By the way, it has been proven that intensive agricultural methods have impoverished the soils and therefore nutrition lacks indispensable, essential elements. The latter should be provided to the pigeons by the pigeon flyer. Here we touch the domain of the ortho -molecular medicine. (The Greek word 'Orthos' means honest)

The spiritual father of the orthomolecular medicine is the American biochemist Linus Pauling, twofold Noble Prize winner. This researcher has studied the physiological role of the micronutrients since 1960 and created the basis for a new medicine. Certain substances have to be added to the organism in the right proportion before it will ensure optimum functioning with a guarantee for a good health. Therefore, in cooperation with experts in nutrition, we developed supplements, adapted to the different periods of life of our feathered athletes to prevent shortages caused by poor nutrition. Every shortage causes a weakening of the organism and therefore a lower resistance level against diseases.

VIGORAMINE

Vigoramine is a complex of vitamins, amino acids and oligo-elements, dosed very precisely. Pigeons mainly eat grains very low in vitamins. Vitamins are very important in the metabolism of our pigeons and therefore essential for life. Vitamins improve the performance in the breeding and the racing season and maintain the condition in winter. Vigoramine contains all micronutrients to meet the daily needs without the risk of an overdose. Amino acids are the building bricks of proteins, on their turn the materials of life. There are a few amino acids the pigeon can't produce itself, which require an additional administration. The content of absorbable amino acids must be as high as possible to obtain a high biological value. The oligo-elements stimulate the growth and the fertility and improve the racing performances. It is recommendable to use the vitamin supplement throughout the year by adding one

spoonful per kg grains, once a week. In stress situations, breeding, moult and in the racing season, it can be administered daily.

VITAMOLT

The moulting period is a very important period for the pigeon and demands the supply of specific set up compound of nutrients. By studying the composition of the feathers Vitamolt has been developed to meet the specific needs, definitely not to be a phenomenon of fashion. It also offers a higher concentration of methionin. Vitamolt enriches the ration by adding a supplement of vitamins and sulphuric amino acids, biotine and choline, which are essential for the making, and building of a quality feather. Methionine is an essential amino acid the pigeon can't produce itself. Sulphuric acids like methionin are essential for the production of keratine the basic element for skin and feathers. Shortness results in anaemia, growth restraints from the young, moulting problems and bad performance.

Choline and biotine have a central function in the regulation of the fat and protein metabolism.

Vitamolt can be added to the drinking water just a spoonful per litre water. To avoid degrading by staying too long in the drinking water, we advise a dose of 1 spoonful (15ml) per kg grains, sprinkled with 15gr Vigoramine. Repeat this 2 to 3 times a week during the moulting period.

OLIGOFERTIL

Oligofertil is a drinkable mineral solution, which supplies the pigeons, calcium, phosphor, oligo- elements and essential amino acids. The formula of this solution has especially been studied to ensure the digestive flora of the pigeon by considering the acid base balance. Oligofertil prevents shortage of minerals and therefore aberration of the skeleton and the feet, growth restraints, weak eggshell and lacks of oligo elements for the embryo. The added oligo elements ensure well functioning of the numerous glands and enzymes and thus a stimulating functioning to the pigeons.

We advise a starting period (5 days) with each day 1 spoonful (15ml) per litre water. Then we maintain the same dose once or twice a week. It is very important to add Oligofertil during the chasing of the cock-pigeons because some of the males can be so passionate and do not give the females enough opportunity to feed as they should. The intake of Oligofertil via the drinking water guarantees an excellent fertility and a perfect growth for the youngsters.

VICHOL

It's possible to higher the performance through the gift of specific food supplements.

Vichol is rich on L carnithine and vitamin B 12. L carnithine stimulates the transformation from fat into energy.

Vichol also stimulates the production of extra energy because it's regulating the metabolism of fat. It's a stimulator of liver and kidney function. It's higher the appetite. It combat stress what' s very important to higher the resistance against harmful microorganisms.

3. The Energy Sources

ENERGETIC CAPS

Before the race birds stock up grease's in abundance to be able to produce energy during the journey home. Greases stocked up in the pectoral muscle supply the pigeon with energy for 70%. These greases deliver twice as much energy than the same amount of sugars or proteins.

They are burnt by an aerob biochemical process, which doesn't produce any lactic acid.

This prevents a rapid muscular exhaustion.

Contrary to migratory birds, a pigeon doesn't notice that it is put into a basket or cage and it

doesn't prepare its trip, so it's up to the pigeon fancier to ensure this.

The essential fatty acids (linoleic acid, linolenic acid and arachidonic acid) can't be produced by the organism although they are indispensable for several physiological processes. Energetic caps are a source of unsaturated fatty acids, easily digestible by the organism and it allows an individual diet preparation. This forced supply contributes to a supplementary endurance capacity for the pigeon.

It's the ideal product for an individual preparation.

We advise to serve the pigeons 1 capsule in the morning and 1 in the evening for two days preceding the basketing.

PERFORMOIL

Performoil digests very easily and unites, combines the strength of the Omega 3 and 6 fatty acids. So it is a real source of flight fuel supplying the endurance capacity and speed although these two qualities are not easy to combine.

The pigeon gets its energy from the burning of greases. Whenever the pigeons fly the pectoral muscles contain numerous minuscule oil drops supplying the necessary fuel to do the return flight. Therefore it's reasonable, understandable to say that the feeding diet takes a primordial part in the preparation of the middle –and long distance races. Serving Performoil the last days preceding the basketing increases the muscular tonus tension and makes it easier to keep balance during the flight. Several active processes simplify the respiration and therefore the muscular oxygenation. Performoil is enriched with chlorophyll the substantial component of plants.

A spoonful per kg grains twice a week will be sufficient.

4. Hygiene of the digestive system.

The digestive system of pigeons contains an abundant microbial flora in which several kinds of bacteria live together along the total length of the digestive system. Some balance will install itself between the bacterial populations to enable this living together.

This flora forms the ecosystem of the digestive system and uses the nutrients present in the digestive system to survive. Young pigeons also get microorganisms via the crop milk, which they will keep, for life. The bacterial population of the crop mainly consists out of specific Lactobacilli. These produce lots of lactic acid and this level of acidity forms a natural barrier against the development of bacteria such as Salmonella (paratyphoid) and E.coli (collibacillosis). This forms a natural defence mechanism that should be kept intact whatsoever.

Although the bacteria multiplication in the first part of the intestinal canal is weak, the substantial part of the microbes primarily is to be found in the large intestine. In this flora there are microbes having a residual pathogen capacity such as the coli-bacteria and the Streptococcus Bovis. The ecosystem in the digestive system is balanced and normally stays this way. However when the pigeon is susceptible to certain aggressive factors such as stress, unbalanced nutrition, massive serving of antibiotics, antiseptics or substances disturbing the intestinal pH, the balance will be broken and unfortunately this will lead to multiplication of most of the pathogen germs.

Therefore our intestinal conditioners have been developed with the greatest care to keep this balance and to enforce to the maximum

ENTEROCUR

Enterocur is a natural silicate, finely subdivided in a lamellar structure of exceptional quality. These extreme small particles have remarkable qualities. Their absorbing capacities are endless big compared to the gas present in the digestive system. Enterocur also acts against bacterial agents and toxins, which it neutralizes. This absorption is selective. With a normal

dose it has no influence, no effect on the nutritional substances such as vitamins and oligo-elements. So Enterocur is the ideal addition to get the tired, exhausted pigeons back in good shape. The digestive system of the pigeon is put to a tough test during the transport to the release spot and during the return flight as well. The formed toxins have to be evacuated as well as the pathogen germs that may have attacked the digestive system. Enterocur quickens the elimination of these "disturbing elements" efficiently thanks to its high selective fixative capacity. Moreover, Enterocur is a natural preparation that supplies a gastric mucus layer compounds which reduces the intestinal inflammation. Its use is recommended for the combat against adenovirus infections and infections caused by E-coli and Streptococcus Bovis.

Enterocur is especially useful with diarrhoea as it reduces the losses of fluid by forming an intestinal protection layer, which not only minimalizes the inflammation but also normalizes the consistency of the faeces. But there is a lot more than that to Enterocur. It is also a nutrient full of oligo-elements, which restore the balance and stimulate the tired pigeon.

Enterocur fights rachitis and can be served during breeding times. Preventative and to eliminate toxins, we advise to serve 2 spoonfuls per kg grains at arrival after the race together with 10ml Sb-Special. Repeat this 1 to 3 days according to the tiredness of the pigeon. In case of intestinal problem we advise 1 soup spoon per kg grains together with 10ml Sb-Special during 10 days.

VIOR

The digestive system of birds is very important to increase the resistance against infections, as it is one big access road for several bacteria such as Salmonella, Colibacilli, and Streptococcus etc.

Fortunately there are substances able to increase the resistance. That's why these substances are used more and more in industrial breeding of poultry to counteract diseases like Salmonella. Lots of pigeon fanciers regularly serve apple vinegar to their pigeons. Apple vinegar is good for the human physiology since it plays an important role/part in the cholesterol housekeeping. The answer to the question if pigeons too have cholesterol problems is NO.

Vior has especially been developed for pigeons. This product is the result of numerous tests by nutrition experts. Vior is a 100% natural product based on extracts of plants. These extracts have been created by mixing plants with weak acids of which the pH-value has been calculated according to the digestive system of the pigeons in order to get an optimum functioning.

Vior however, has got more to offer. It's a source of oligo-elements (substances and minerals which are easily absorbed by the blood). It is very rich in iron, which plays an important role in the metabolism of pigeons. Iron is the building material of the haemoglobin in the red blood cell. Via the haemoglobin the oxygen transport in the body is monitored. The oxygen plays a major part in the functioning of the muscles.

Advantageously Vior contains iron in organic form easily to be absorbed by the body, which is not the case with other nutrition supplements. Moreover it also contains silicic acid, which is essential for the plumage of the pigeons. Therefore it is rather important to serve Vior regularly with the drinking water to get an excellent plumage.

During moulting time it is necessary to serve Vior daily in the drinking water. At the start of the flying season it is advisable to do this for a fortnight and twice a week afterwards. It is also important to serve Vior to the young in the nest to stimulate the acidification of the crop. Starting the training of young pigeons, Vior is indispensable because of the acidification of crop and gland stomach the starting of the adenovirus is prevented.

Research has shown that Vior suppresses the development of canker and the increase of coccidiosis. It has been proven that Vior improves the general condition of the pigeons by

making the breast more pink and shiny, the feather shinier and by improving the sporting achievements.

5. Optimising the condition

T-CUR

Since ages pigeon fanciers have liked to serve tea to their flyers. The use of herbs is not always practical since it needs some preparation. To make all these preparations redundant we have developed an easy to serve tea. These liquid extracts have been drawn from several plants.

Moreover it also contains 2 substances known for their impact on the liver.

At the end of the flying season, the pigeon is physically tired by the many efforts and the big moulting will start. To make this happen perfectly, it is important to drain the toxic substances accumulated during the season, first. The regular use of T-Cur during the moulting period brings a feathering of exceptional quality.

We do advise a 10-day treatment right before the start of the moulting period. If the fat content in the body is considerably high (cyanotic=blue muscles) the treatment has to be continued until the symptoms disappear. Normally this takes a fortnight. After that, go on with it for 1 or 2 days a week to maintain the well functioning of the liver.

T-Cur is an indispensable product in this sport because it adjusts the excess of nutrition, which causes the so-called "blue skin". Moreover it stimulates the conditioning in springtime (10day cure), it maintains an optimal condition during the flying season (once a week) and is strongly advisable with the least loss of condition (5day cure)

T-Cur is served on a dose of 1 teaspoon per litre drinking water.

SB- SPECIAL

SB special is a special combination of herb extracts. It supports the immunity and increases the resistance. It prevents the development of harmful organisms like streptococcus bovis. Streptococcus present in 80% of pigeon droppings this bacterium causes sudden death among pigeons and it is responsible for symptoms comparable to those of paratyphoid. This complicates the treatment since the antibiotics used against Salmonella are inactive to Streptococcus Bovis. Our investigation has stimulated us to develop S B-Special, which offers a (preventative) protection against harmful microorganisms. Moreover, this special product stimulates the immune response of the organism and its regular use will prevent a lot of disappointment and discouragement.

Sb special contributes to a great extent to an improved resistance in the pigeon. Sb special helps to improve the performance of racing pigeons and supports the general condition.

It is advisable to start the sporting season with a 10day treatment with a dose of 10ml per kg grains, followed by a maintenance treatment of the same dose once or twice a week.

CC cur

Neutraceuticals are food additives based on vegetable extracts that stimulate the general health. CC cur is a biological product based on herb extracts. It prevents disrupted intestinal function. It's very useful with bacterial and fungal infections.

CC cur is recommended in situation of stress and in periods that harmful microorganisms attack the racing pigeon. Pigeons become healthier and more vital.

It is advisable to start the sporting season with a 10day treatment with a dose of 10ml per kg grains, followed by a maintenance treatment of the same dose once or twice a week.

PURAVITAL

Puravital is a liquid herb mixture. It's a excellent kidney activator as purifying agent of the blood. The vegetable extracts drain the residues of the fat metabolism. It stimulates the organism in case of an accumulation of waste products in the blood or in cases of overfeeding.

In the case of overfeeding (blue pectoral muscles) we advice Puravital for 10 days. Puravital relieves the liver and stimulates the renal functions. Because of its draining effect, it quickens the elimination of toxins. You can give Puravital successfully during the moulting season, after major efforts in order to recuperate more quickly and during lack of condition.

Dosage: 10 ml / litre of drinking water.
For quick recuperation: 4 days
For moulting: 10 days

RECUP FORTE

Recup forte is a blend of electrolytes, trace elements, sugars, vitamins and amino acids. It's a power full energy supplement. It ensures quick and optimal recovery after strong efforts. The electrolytes support the fluid balance and ensure an optimal acid-base balance in muscles and blood. It supports the performance and general condition.

Dosage: 2 teaspoon /litre drinking water.

CORYLYSE

Corylyse is beneficial to maintain eye health. It increases the resistance against harmful microorganisms.

MAGIC NOSEDROP

Magic nosedrop is beneficial to maintain nose health. It supplies a natural protection mucus layer in the nose. The protection layer reduces the development of harmful micro organisms.

6. Some important periods in this sport.

THE BREEDING PERIOD

This period is very important as it ensures the future of the dovecote. We especially focus the attention to the hens as they play a far more important role than the cocks.

After all they not only produce half of the chromosomes but also the indispensable nutrition agents for the development of the embryonic life in the egg. These nutrition substances enable the genetic qualities, put in by both the parents, to show. So it is important to avoid nutrition deficiencies in order to couple, pair off. It is not necessary to serve antibiotics preventatively before the pairing. If you have any doubts about your breeders' health, do not hesitate to consult a veterinarian who is specialized in pigeons. It is recommendable to vaccinate the pigeons 2 till 3 weeks before the pairing. This enables young pigeons to take profit from the parental resistance transferred via the egg yolk.

To make your breeding work we advise you to follow up our "breeding scheme". It is especially important to be very attentive during the first breeding period of the season because the weather conditions generally are not very favourable and also because the pigeons have almost finished their moulting period. These first young pigeons are just as much meant to keep up the fame of your dovecote in the national races for young pigeons.

THE WEANING OF YOUNG PIGEONS

When weaning young pigeons we advise a 10day cure with Vior added to the drinking water and to mix the grain with B-Special, Enterocur (5 days) and Vigoramine (5 days) . Then serve Vior and Oligofertil in the drinking water and Sb-Special + Vigoramine twice each week over the nutrition to get solid young pigeons with a high resistance for the first training tosses and races.

THE COMPETITION FLIGHTS/ RACES

Before starting the competition it is important to get the pigeons in good shape. This implies the elimination/removal of the winter down as well as draining the toxins accumulated during wintertime. Therefore we advise to serve T-Cur during 10 days in spring before starting the sportive preparations.

THE BIG MOULTING PERIOD

Every pigeon fancier attentively follows the course of the big moulting at the end of summer. The feathers are built of strongly mineralised proteins. Analysis of the elements of the feathers has inspired us to the development of Vitamolt.

Together with Vigoramine it is your best trump card to get a magnificent feathering of exceptional quality. During the whole of the moulting period you should serve 1 soup spoon of Vitamolt per kg grains 3 days a week mixed with 1 soup spoon of Vigoramine and 1 teaspoon of Vior per litre drinking water.

MOULTING SCHEME

preparation and purification of the organism of the pigeon:

during 7 days: *Vior: 1 coffeespoon / l water*
 Puravital: 2 coffeespoons / l water
 T-cur: 2 coffeespoons / l water

replacement and growth of the feathers

<i>Monday</i>	<i><u>In water</u></i>	<i>Vior + oligo-fertil</i>	<i>1 coffeespoon / l water</i>
<i>Tuesday</i>	<i><u>Over food</u></i>	<i>Sb special Enterocur</i>	<i>2 coffeespoons / kg food</i>
<i>Wednesday</i>	<i><u>In water</u></i>	<i>Vior</i>	<i>1 coffeespoon / l water</i>
<i>Thursday</i>	<i><u>In water</u></i>	<i>Vitamolt</i>	<i>1 soup spoon / l water</i>
<i>Friday</i>	<i><u>Over food</u></i>	<i>Vigoramine Performoil</i>	<i>3 coffeespoons / kg food 1 soup spoon / kg food</i>
<i>Saturday</i>	<i><u>In water</u></i>	<i>Vior + Oligofertil</i>	<i>1 coffeespoon / l water</i>
<i>Sunday</i>	<i><u>In water</u></i>	<i>Vitamolt</i>	<i>1 soup spoon / l water</i>

Breeding

Monday	<u>Over food</u> <u>In water</u>	<i>Vigoramine</i> <i>Enterocur</i>	<i>3 coffeespoons / kg food</i> <i>2 coffeespoons / kg food</i>
Tuesday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Vior</i> <i>Oligofertil</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 coffeespoon / l water</i> <i>1 soup spoon / l water</i>
Wednesday	----	----	----
Thursday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Vior</i> <i>Oligofertil</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 coffeespoon / l water</i> <i>1 soup spoon / l water</i>
Friday	----	----	----
Saturday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Vior</i>	<i>2 coffeespoons / kg voer</i> <i>30 drops / kg voer</i> <i>1 coffeespoon / l water</i>
Sunday	----	----	----

FLIGHT - SCHEME

<i>Monday</i>	<u><i>food</i></u> <u><i>water</i></u>	<i>Vigoramine</i> <i>Enterocur</i> <i>Performoil</i> <i>Vior</i>	<i>3 coffeespoons / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 soup spoon / kg food</i> <i>1 coffeespoon / l water</i>
<i>Tuesday</i>	<u><i>food</i></u> <u><i>water</i></u>	<i>Sb Special</i> <i>Cckuur</i> <i>Vior</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 coffeespoon / l water</i>
<i>Wednesday</i>	<u><i>food</i></u> <u><i>water</i></u>	<i>Sb Special</i> <i>Cckuur</i> <i>Oligofertil</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 soup spoon / l water</i>
<i>Thursday</i>	----	----	----
<i>Friday</i>	<u><i>food</i></u> <u><i>water</i></u>	<i>Vigoramine</i> <i>Enterocur</i> <i>Performoil</i> <i>Vior</i>	<i>3 coffeespoons / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 soup spoon / kg food</i> <i>1 coffeespoon / l water</i>
<i>Saturday</i>	----	----	----
<i>Sunday (arrival)</i>	<u><i>food</i></u> <u><i>water</i></u>	<i>Enterocur</i> <i>Vior</i> <i>Honing</i>	<i>2 coffeespoons / kg food</i> <i>1 coffeespoon / l water</i> <i>2 coffeespoons / l water</i>

MIDDLE DISTANCE 1st week

Monday	<u>Over food</u> <u>In water</u>	Vigoramine Enterocur Performoil Vior T-cur	3 coffeespoons / kg food 2 coffeespoons / kg food 1 soup spoon / kg food 1 coffeespoon / l water 1 coffeespoon / l water
Tuesday	<u>Over food</u> <u>In water</u>	Sb Special Cckuur Vior T-cur	2 coffeespoons / kg food 30 drops / kg food 1 coffeespoon / l water 1 coffeespoon / l water
Wednesday	<u>Over food</u> <u>In water</u>	Sb Special Cckuur Oligofertil	2 coffeespoons / kg food 30 drops / kg food 1 soup spoon / l water
Thursday			
Friday	<u>Over food</u> <u>In water</u>	Vigoramine Enterocur Performoil Vior	3 coffeespoons / kg food 2 coffeespoons / kg food 1 soup spoon / kg food 1 coffeespoon / l water
Saturday	<u>Over food</u>	Vichol Powergamma	1 soup spoon / kg food 2 coffeespoon / kg food
Sunday			

MIDDLE DISTANCE 2nd week

Monday	<u>Over food</u> <u>In water</u>	Vigoramine Enterocur Performoil Vior	3 coffeespoons / kg food 2 coffeespoons / kg food 1 soup spoon / kg food 1 coffeespoon / l water
Tuesday	<u>Over food</u> <u>In water</u>	Sb Special Cckuur Protovit Vior	2 coffeespoons / kg food 30 drops / kg food 4 soup spoons / kg food 1 coffeespoon / l water
Wednesday	<u>Over food</u> <u>In water</u>	Sb Special Cckuur Protovit Oligofertil	2 coffeespoons / kg food 30 drops / kg food 4 soup spoons / kg food 1 soup spoon / l water
Thursday	<u>Over food</u> <u>In water</u>	Vigoramine Enterocur Performoil vior	3 coffeespoons / kg food 2 coffeespoons / kg food 1 soup spoon / kg food 1 coffeespoon / l water
Friday			
Saturday			
Sunday (arrival)	<u>Over food</u> <u>In water</u>	Enterocur Vichol Powergamma Vior Puravital	2 coffeespoons / kg food 1 soup spoon / kg food 2 coffeespoons / kg food 1 coffeespoon / l water 2 coffeespoons / l water

LONG DISTANCE 1st week

Monday	<u>Over food</u> <u>In water</u>	<i>Vigoramine</i> <i>Enterocur</i> <i>Performoil</i> <i>Vior</i> <i>T-cur</i>	<i>3 coffeespoons / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 coffeespoon / kg food</i> <i>1 coffeespoon / l water</i> <i>1 coffeespoon / l water</i>
Tuesday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Vior</i> <i>T-cur</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 coffeespoon / l water</i> <i>1 coffeespoon / l water</i>
Wednesday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Oligofertil</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 soup spoon / l water</i>
Thursday	<u>Over food</u>	<i>Vigoramine</i> <i>Enterocur</i> <i>Performoil</i>	<i>3 coffeespoons / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 soup spoon / kg food</i>
Friday	<u>Over food</u> <u>In water</u>	<i>Vichol</i> <i>Powergamma</i> <i>Vior</i>	<i>1 coffeespoon / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 coffeespoon / l water</i>
Saturday	<u>Over food</u>	<i>Vichol</i> <i>Powergamma</i>	<i>1 soup spoon / kg food</i> <i>2 coffeespoons / kg food</i>
Sunday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Performoil</i> <i>Oligofertil</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>1 soup spoon / kg food</i> <i>1 soup spoon / l water</i>

LONG DISTANCE 2nd week

Monday	<u>Over food</u> <u>In water</u>	<i>Vigoramine</i> <i>Enterocur</i> <i>Performoil</i> <i>Vior</i>	<i>3 coffeespoons / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 soup spoon / kg food</i> <i>1 coffeespoon / l water</i>
Tuesday	<u>Over food</u> <u>In water</u>	<i>Sb Special</i> <i>Cckuur</i> <i>Protovit</i> <i>Oligofertil</i>	<i>2 coffeespoons / kg food</i> <i>30 drops / kg food</i> <i>4 soup spoons / kg food</i> <i>1 soup spoon / l water</i>
Wednesday		<i>Basketing</i>	
Thursday			
Friday			
Saturday			
Sunday (arrival)	<u>Over food</u> <u>In water</u>	<i>Enterocur</i> <i>Vichol</i> <i>Powergamma</i> <i>Vior</i> <i>Puravital</i>	<i>2 coffeespoons / kg food</i> <i>1 soup spoon / kg food</i> <i>2 coffeespoons / kg food</i> <i>1 coffeespoon / l water</i> <i>2 coffeespoons / l water</i>